

Tessa M. Benson-Greenwald, PhD

Learning Research and Development Center
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Professional Appointments

2022- present Post-Doctoral Fellow, University of Pittsburgh
Learning Research and Development Center
Advisors: Brian Galla & Timothy Nokes-Malach

2023 Adjunct Instructor, Pennsylvania State University Abington
Courses Taught: Elementary Statistics in Psychology (web)

Education

Ph.D. Indiana University
2022 Social Psychology
Advisor: Amanda Diekman
Dissertation: Context and the Authentic Self: The Impact of Perceived of Perceived STEM Objectivity Norms on Self-Concept Beliefs and Well-Being

M.A. Miami University
2018 Social Psychology
Advisor: Amanda Diekman
Thesis: The Light at the End of the Tunnel: Temporal Distancing and Academic Attitudes

B.S. Kutztown University of Pennsylvania, *summa cum laude*
2014 Psychology, Minor: Anthropology
Advisor: Jason Lanter

Grants

2022 P.I., Society for the Psychological Study of Social Issues (SPSSI) Grant-in-Aid. *Valuing perspectives & promoting inclusion: The impact of valuing subjectivity in STEM contexts for underrepresented groups.* Amount: \$2,000.

2017-2019 Office for the Advancement of Research and Scholarship, Miami University Diversity and Inclusion Grant, *A cross-cultural study of mental health stigma and help-seeking* (co-PIs: Sarah Dreyer-Oren and Anjali Jain). Amount: \$7,500.

Honors and Awards:

2022 Spring 2022 Outstanding Graduate Student Instructor Award
2022 Spring 2022 IUB Provost's Travel Award for Women in Science
2022 International Twitter Poster Conference winner (Harry Potter and the magic of statistics)
2022 Society for Personality and Social Psychology Graduate Travel Award
2021 Fall 2021 Sharon Stephens Brehm Travel Award
2020 Spring 2020 Outstanding Graduate Student Instructor Award
2020 Spring 2020 IUB Provost's Travel Award for Women in Science
2019 Fall 2019 Sharon Stephens Brehm Travel Award
2019 Fall 2019 IUB College of Arts and Sciences Travel Award
2019 Spring 2019 IUB Provost's Travel Award for Women in Science
2018 Fall 2018 IUB Provost's Travel Award for Women in Science

2018 Fall 2018 Sharon Stephens Brehm Travel Award
2017 Society for Personality and Social Psychology Graduate Travel Award
2014 Excellence in Psychology for Independent Research Award
2014 Psi Chi

RESEARCH

* denotes shared first authorship

Papers

Olsson, M.I.T., van Grootel, S., Block, K., Schuster, C., Meeussen, L., Van Laar, C., Schmader, T., Croft, A., Sun, M.S., ... **Benson-Greenwald, T.M.**, Martiny, S.E. (in press). Gender gap in parental leave intentions: Evidence from 37 countries. *Political Psychology*.

Joshi, M.P., **Benson-Greenwald, T.M.**, & Diekman, A.B. (2022). Unpacking motivational culture: Diverging emphasis on communality and agency across STEM domains. *Motivation Science*.

Benson-Greenwald, T.M., Joshi, M.P., & Diekman, A.B. (2022). Out of the lab and into the world: Analyses of social roles and gender in media portrayals of science. *Frontiers in Psychology*, 12.

Benson-Greenwald, T.M., Trujillo, A., White, A.D., & Diekman, A.B. (2021). Science for others or the self? Presumed motives for science shape public trust in science. *Personality and Social Psychology Bulletin*.

Benson-Greenwald, T.M., & Diekman, A.B. (2021). In the mindset of opportunity: Proactive mindset, perceived opportunities, and role attitudes. *Personality and Social Psychology Bulletin*.

Light, A.E., **Benson-Greenwald, T.M.**, & Diekman, A.B. (2021). Gender representation cues labels of hard and soft sciences. *Journal of Experimental Social Psychology*.

Diekman, A.B., Joshi, M.P., & **Benson-Greenwald, T.M.** (2020). Goal congruity theory: Navigating the social structure to fulfill goals. In B. Gawronski (Ed.), *Advances in Experimental Social Psychology*.

Diekman, A.B., & **Benson-Greenwald, T.M.** (2018). Fixing STEM workforce and teacher shortages: How goal congruity can inform individuals and institutions. *Policy Insights from the Behavioral and Brain Sciences*, 5, 11-18. <https://doi.org/10.1177/2372732217747889>

Manuscripts Under Review

Sherman, J.E., **Benson-Greenwald, T.M.**, & Bernstein, M.J. (under review). *Scaling up ostracism: A theory of institutional ostracism*.

Sarmal, A.*, **Benson-Greenwald, T.M.***, & Diekman, A.B. (under review). *Dreaming of belonging: American Dream beliefs and belonging outcomes*.

Block, K., Teresa Olsson, M.I., van Grootel, S., Meeussen, L., Van Laar, C., Martiny, S.E., Schuster, C., Shuyi Sun, M., Croft, A.... **Benson-Greenwald, T.M.**,, Schmader, T. (under review). *Why is the gender gap in the care-economy larger in highly developed countries?*

Saxler, F., Dorough, A., Freohlich, L., Block, K., Croft, A., Meeussen, L., Olsson, M., Schmader, T., Schuster, C., van Grootel, S.... **Benson-Greenwald, T.M.**, Martiny, S. (under review). *Did descriptive and prescriptive norms about gender equality at home change during the COVID-19 pandemic? A cross-national investigation*.

Manuscripts in Preparation

Benson-Greenwald, T.M., Joshi, M.P., & Diekman, A.B. (in prep). *Communal experiences: How are they rooted in individual-level cognition and the surrounding environment?* Manuscript in progress.

Viera, A., Rydell, R.J., Hugenberg, K., **Benson-Greenwald, T.M.,** Hirt, E. (in prep). *Categorization bias among perceptually ambiguous groups: The roles of base rates and perceived stigma.* Manuscript in progress.

Schindler, S., Schuster, C., Olsson, M., Froelich, L., Hubner, A.K., Block, K., Van Laar, C., Schmader, T., Meeussen, L., van Grootel, S., Croft, A., ... **Benson-Greenwald, T.M.,** ... Martiny, S.E. (in prep). *Policy as normative influence? Investigating the relationship between parental leave policies and social norms in gender division of childcare across 48 countries.* Manuscript in progress.

Benson-Greenwald, T.M. & Diekman, A.B. (in prep). *Context and the authentic self: The impact of perceived STEM objectivity norms on self-concept beliefs and well-being.* Manuscript in progress.

Benson-Greenwald, T.M., Galla, B., Nokes-Malach, T., Kuo, E., Good, M., Tumminia, M., Pelakh, A., & Jahanian, S. (in prep). *Engaging mindfully: Mindfulness training promotes psychological engagement in physics.* Manuscript in progress.

Benson-Greenwald, T.M., Galla, B., Nokes-Malach, T., Kuo, E., Good, M., Tumminia, M., Pelakh, A., & Jahanian, S. (in prep). *Mindfulness training reduces psychological threat in introductory physics.* Manuscript in progress.

INVITED TALKS

Benson-Greenwald, T.M., Galla, B., Nokes-Malach, T., & Good, M. (2023, May). *Investigating the impact of mindfulness training to mitigate psychological threat and enhance engagement and learning in undergraduate introductory physics courses.* Flash talk presented to Discipline-Based Science Education Research (dB-SERC) Annual Faculty Retreat, University of Pittsburgh, Pittsburgh, PA.

Benson-Greenwald, T.M. (2022, November). *How do students navigate the STEM context? Understanding the cycle of the self and the culture of science.* Colloquium presented to Social Area Lunch Talk Series, University of Pittsburgh, Pittsburgh, PA.

Benson-Greenwald, T.M., Trujillo, A., & Diekman, A.B. (2019, September). *Science for prosociality or power? Presumed motives for science shape public trust in science.* Colloquium presented to Social Area Professional Seminar, Pennsylvania State University, State College PA.

Benson-Greenwald, T.M., Diekman, A.B., & Winstel, M. (2017, January). *Proactive personality: The possibilities of reconstructing the STEM context.* Colloquium presented to Psychology and Social Sciences Area, Pennsylvania State University, Abington PA.

CONFERENCE PRESENTATIONS

Conference Talks

Benson-Greenwald, T.M., Galla, B., Nokes-Malach, T., Kuo, E., Good, M., Tumminia, M., Pelakh, A., & Jahanian, S. (2023, April). *Engaging mindfully: Mindfulness training promotes psychological engagement in physics.* Oral presentation at the 95th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Benson-Greenwald, T.M., & Diekman, A.B. (2023, February). *Making room for experiences: Integrating subjectivity in STEM contexts fosters authenticity.* Data blitz presented at the Authenticity Preconference at the 24th Annual Society for Personality and Social

- Psychology Conference, Atlanta, GA.
- Light, A.E., **Benson-Greenwald, T.M.**, & Diekman, A.B. (2022, October). *Women = soft science? How gender identity impacts the perception of scientific fields*. Oral presentation at the 2022 Annual Meeting of the Society of Experimental Social Psychology, Philadelphia, PA.
- Benson-Greenwald, T.M.**, & Diekman, A.B. (2022, April). *Perceived STEM objectivity norms affect self-concept beliefs and authenticity*. Oral presentation at the 94th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Benson-Greenwald, T.M.**, & Diekman, A. (2021, April). *Proactive mindset shapes beliefs that majors and careers afford goals*. Paper accepted at the 93rd Annual Meeting of the Midwestern Psychological Association, <http://midwesternpsych.org/2019-meeting/content/uploads/sites/22/2020/03/MPA-2020-Program-1.pdf>
- Benson-Greenwald, T.M.**, Diekman, A., & Trujillo, A. (2019, April). *Perceiving science as benefiting society predicts trust in science*. Oral presentation at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Benson-Greenwald, T.**, O'Grady, R., & Diekman, A. (2018, April). *The scientist's perspective: Communicating valued goals and navigating roles*. Oral presentation at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Conference Posters

- Sarmal, A., **Benson-Greenwald, T.M.**, & Diekman, A.B. (2023, February). *Dreaming to belong: Navigating the American dream and U.S. belonging*. Poster presented at the Advances in Cultural Psychology Preconference at the 24th Annual Society for Personality and Social Psychology Conference, Atlanta, GA.
- Galla, B., Jahanian, S., Pelakh, A. Tumminia, M., **Benson-Greenwald, T.M.**, Good, M. Kuo, E., & Nokes-Malach, T. (2023, February). *Can mindfulness training support college students' stress management, mental health, and engagement?* Poster presented at the Inaugural Annual of the International Society for Contemplative Research Conference, San Diego, CA.
- Benson-Greenwald, T.M.**, & Diekman, A.B. (2022, February). *Examining beliefs about the importance of objectivity and subjectivity in STEM contexts*. Poster presented at the 23rd Annual Society for Personality and Social Psychology Conference, San Francisco, CA.
- Dreyer-Oren, S.E., Jain, A.T., **Benson-Greenwald, T.M.**, Raval, V.V., Diekman, A.B., & Clerkin, E.M. (2021, November). *Perceived burdensomeness and help-seeking attitudes: The role of race and residency status*. Poster presented at the 55th annual convention for the Association for Behavioral and Cognitive Therapies, (<https://www.abct.org/2021-convention/>).
- Benson-Greenwald, T.M.**, Diekman, A.B., & Hugenberg, K. (2021, February). *Objective minds: Objectivity predicts self-perceived capacity for experience and agency*. Poster presented at the 22nd Annual Society for Personality and Social Psychology Conference. <https://meeting.spsp.org/2021/>
- Sarmal, A., **Benson-Greenwald, T.M.**, & Diekman, A.B. (2021, February). *Dreaming of belonging: American dream beliefs and belonging outcomes*. Poster presented at the 22nd Annual Society for Personality and Social Psychology Conference. <https://meeting.spsp.org/2021/>
- Benson-Greenwald, T.M.**, Joshi, M.P., & Diekman, A. (2020, February). *Out of the lab and into the world: Analyses of social roles and gender in media portrayals of science*. Poster presented at the 21st Annual Society for Personality and Social Psychology Conference, New Orleans, LA.
- Joshi, M.P., **Benson-Greenwald, T.M.**, & Diekman, A. (2020, February). *Not all STEM: Varying goal opportunities reflect environmental cues within STEM domains*. Poster presented at the 21st Annual Society for Personality and Social Psychology Conference, New Orleans, LA.

- Benson-Greenwald, T.M., & Diekman, A.** (2019, February). *The light at the end of the tunnel: Temporal distancing and academic attitudes*. Poster presented at the 20th Annual Society for Personality and Social Psychology Conference, Portland, OR.
- Benson-Greenwald, T., Winstel, M., & Diekman, A.** (2018, March). *Proactive mindset: The possibilities of reconstructing the STEM context*. Poster presented at the 19th Annual Society for Personality and Social Psychology Conference, Atlanta, GA.
- Benson-Greenwald, T.M., & Lanter, J.R.** (2015, March). *Who drives the worst: Examining behavior based assumptions in the absence of a known group membership*. Poster presented at the 2015 Annual Meeting of the Eastern Psychological Association, Philadelphia, PA.
- Benson-Greenwald, T.M., & Lanter, J.R.** (2014, April). *Driving like a guy/girl: Examining gendered behavior based assumptions in the absence of a known actual gender*. Poster presented at the Ninth Annual Student Research Conference, Kutztown University, Kutztown, PA.

Teaching Presentations

- Benson-Greenwald, T.M.** (2021, October) *Harry Potter and the magic of statistics*. Poster presented at 20th Annual Conference on Teaching of the Society for the Teaching of Psychology & International Twitter Poster Conference, <https://teachpsych.org/conferences/act.php>

Student Presentations

- Luu, A., Sherman, J.E., Levy, D.J., Hirt, E., Bernstein, M.J., & **Benson-Greenwald, T.M.** (2022, April). *Comparison of discrimination and ostracism*. Poster presented at the 94th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Pictor, L., Joshi, M., **Benson-Greenwald, T.M.,** Diekman, A. (2021, April). *How STEM environments influence perceived opportunities to help others*. Poster presented at the 2021 Women's Research Poster Competition, Bloomington, IN.
- Samuels, H., **Benson-Greenwald, T.M.,** & Murphy, M.C. (2020, April). *How communal opportunities related to belonging and psychological well-being in STEM*. Poster accepted at the 92nd Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
<http://midwesternpsych.org/wp-content/uploads/sites/22/2020/03/MPA-2020-Program-1.pdf>
(Conference canceled)
- Samuels, H., **Benson-Greenwald, T.M.,** & Murphy, M.C. (2020, February). *Let's work together! The influence of communal goals on sense of belonging and psychological well-being for women in STEM*. Poster presented at the 21st Annual Society for Personality and Social Psychology Conference, New Orleans, LA.
- Stone, C., Verghis, T., Yamada-Killilea, M., **Benson-Greenwald, T.,** Joshi, M., & Diekman, A. (2018, April). *Saving the world or ruling it?: Affordances of science predict trust toward science*. Poster presented at Annual Undergraduate Research Forum, Miami University, Oxford, OH.
- Bryan, A., Fuesting, M., **Benson-Greenwald, T.,** & Diekman, A. (2018, April). *Investigating differential feedback to men and women*. Poster presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
- Stone, C. **Benson-Greenwald, T.,** & Diekman, A. (2018, March). *What is science good for? Beliefs that science affords communal opportunities predict trust in science*. Poster presented at the Miami University Government Relations Poster Session, Washington, D.C.
- Bryan, A., Fuesting, M., **Benson-Greenwald, T.,** & Diekman, A. (2017, April). *Benevolent sexism as a predictor of critical feedback*. Poster presented at Annual Undergraduate Research Forum, Miami University, Oxford, OH.
- Campe, G., Kowalski, K., **Benson-Greenwald, T.,** Fuesting, M., & Diekman, A. (2017, April). *Reactions to mistakes: Discrepancies in preferences and expectations in STEM*. Poster presented at Annual

Undergraduate Research Forum, Miami University, Oxford, OH.

Safer, B., Yamada-Killilea, M., Fuesting, M., **Benson-Greenwald, T.**, & Diekman, A. (2017, April). *Role models in STEM*. Poster presented at Annual Undergraduate Research Forum, Miami University, Oxford, OH.

Winstel, M., **Benson-Greenwald, T.**, Fuesting, M., Belanger, A., & Diekman, A. (2017, April). *Proactive personality and satisfaction in STEM fields*. Poster presented at Annual Undergraduate Research Forum, Miami University, Oxford, OH.

Teaching Experience

- 2023 Masters Capstone Co-Mentor, Kristin Hinshaw, University of Pittsburgh
- 2023 Adjunct Instructor, Pennsylvania State University, Abington
Elementary Statistics in Psychology (PSYCH 200), Spring 2023, Summer 2023
- 2022-2023 Post Baccalaureate Research Fellow Co-Mentor, Tyree Langley, University of Pittsburgh
- 2019-2022 Instructor of Record, Indiana University
Undergraduate Statistical Techniques (PSY-K300), Spring 2021, Spring 2022
Social Psychology and Individual Differences (PSY-P304), Fall 2019
- 2018-2021 Teaching assistant, Indiana University
Laboratory in Social Psychology (PSY-P421), Fall 2021
Undergraduate Statistical Techniques (PSY-K300), taught by Cynthia Patton (Summer 2021)
Undergraduate Statistical Techniques (PSY-K300), taught by Rick Hullinger (Fall 2020)
Cognitive Psychology (PSY-P335), taught by Tom Gruenenfelder (Fall 2018)
- 2019-2020 Undergraduate Honors thesis mentor, Indiana University
- 2019-2020 Lab Instructor, Indiana University
Undergraduate Statistical Techniques (PSY-K300), Spring 2019, Spring 2020, Fall 2020
- 2019 Guest Lecturer, Indiana University
Undergraduate Statistical Techniques (PSY-K300): *Correlation*, Spring 2019
- 2018-2021 Teaching assistant, Indiana University
Undergraduate Statistical Techniques (PSY-K300), taught by Cynthia Patton (Summer 2021)
Undergraduate Statistical Techniques (PSY-K300), taught by Rick Hullinger (Fall 2020)
Cognitive Psychology (PSY-P335), taught by Tom Gruenenfelder (Fall 2018)
- 2017 Lab Instructor, Miami University
Graduate Statistics: Regression (PSY 601), Fall 2017
- 2017-2018 Guest Lecturer, Miami University
Introductory Social Psychology (PSY 221): *Achievement and Gender*, Fall 2017 & Spring 2018
Psychology of Gender (PSY 326): *Gender and Achievement*, Fall 2017
Undergraduate Statistics: Design and Analyses PSY II (PSY 294): *Paired Samples T-Test*, Fall 2017
Introductory Social Psychology (PSY 221): *Aggression*, Spring 2017
Introduction to Psychology (PSY 111): *Social Psychology*, Spring 2017
- 2016-2017 Private tutor in statistics and methodology, Miami University
- 2016-2017 Undergraduate Honors thesis co-mentor, Miami University
- 2016 Teaching assistant, Miami University
Seminar in Gender, Work, and Leadership, taught by Amanda Diekman (Fall 2016)

Service

2023 Ad hoc reviewer, *Journal of Experimental Social Psychology*
2023 Ad hoc reviewer, *Personality and Social Psychology Bulletin*
2022-2023 Ad hoc reviewer, *Psychology of Women Quarterly*
2022-2023 MPA Program Committee Member
2022-2023 SPSP Peer Advisor
2021-2023 Ad hoc reviewer, *Sex Roles*
2022 Graduate Student Travel/Registration Award Reviewer, *Society of Personality and Social Psychology*
2022 Ad hoc reviewer, *Social and Personality Psychology Compass*
2022 Ad hoc reviewer, *Journal of Occupational and Organizational Psychology*
2022 Ad hoc reviewer, *Frontiers in Psychology*
2022 Ad hoc reviewer, *Small Business Economics*
2021-2022 Applicant Core Team member, Application Statement Feedback Program
Provide feedback and editing support for PhD applicants' personal statements in psychology, emphasis on underrepresented minorities (more info: www.asfp.io)
2018-2022 Diversity Advancement Committee Member, Indiana University
2018-2022 Graduate School Panel for Undergraduates, Indiana University
2019-2022 Social Area Seminar Coordinator, Indiana University
Coordinate schedule of speakers (graduate students, faculty members, guest speakers) for weekly Social Area meetings
2020-2021 Sub-Committee Chair, Graduate Student Sub-Committee of the Diversity Advancement Committee, Indiana University
2019-2021 Recording Secretary, Diversity Advancement Committee, Indiana University
Record and send out meeting minutes to other members
2019-2020 Sub-Committee Chair, Climate Survey Sub-Committee of the Diversity Advancement Committee, Indiana University
2020, 2022 Ad hoc reviewer, *British Journal of Educational Psychology*
2020 Ad hoc reviewer, *Group Processes & Intergroup Relations*
2020 Ad hoc reviewer, *Journal of Social Issues*
2019-2020 Honors thesis mentor: Hannah Samuels
2019-2020 Honors Thesis Panel for Undergraduates, Indiana University
2018-2019 Groups STEM Graduate Student Mentor, Indiana University
2017-2018 Social Area Interview Day Coordinator, Miami University
Coordinate prospective graduate students' and faculty members' schedules; Delegate responsibilities to other social area graduate students
2017 Social Area Representative, Working Committee on Not Working, Miami University
Organize social events for graduate students across the Psychology Department areas
2016-2018 Graduate School Panel for Undergraduates, Miami University
2016-2017 Honors thesis Co-mentor: Maggie Winstel
2016-2017 Department of Psychology Representative, Graduate Student Association, Miami University

Professional Affiliations

2022-2023 Society for the Psychological Study of Social Issues
2021-2023 Society for the Teaching of Psychology
2018-2023 Association for Psychological Science
2016-2023 Society for Personality and Social Psychology
2016-2023 Midwestern Psychological Association

2014-2023 Psi Chi Psychology Honors Society
2012-2023 Eastern Psychological Association

References

Brain Galla, Learning Research and Development Center/Department of Health and Human Development, University of Pittsburgh
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Timothy Nokes-Malach, Learning Research and Development Center/Department of Psychology, University of Pittsburgh
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Amanda B. Diekman, Department of Psychological and Brain Sciences, Indiana University,
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